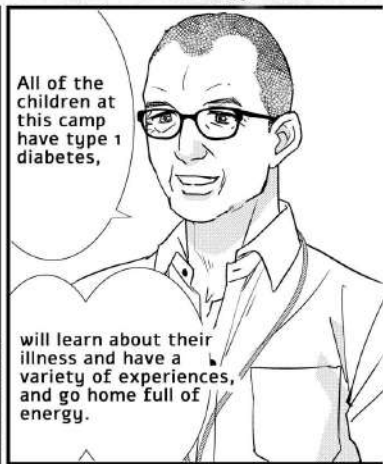
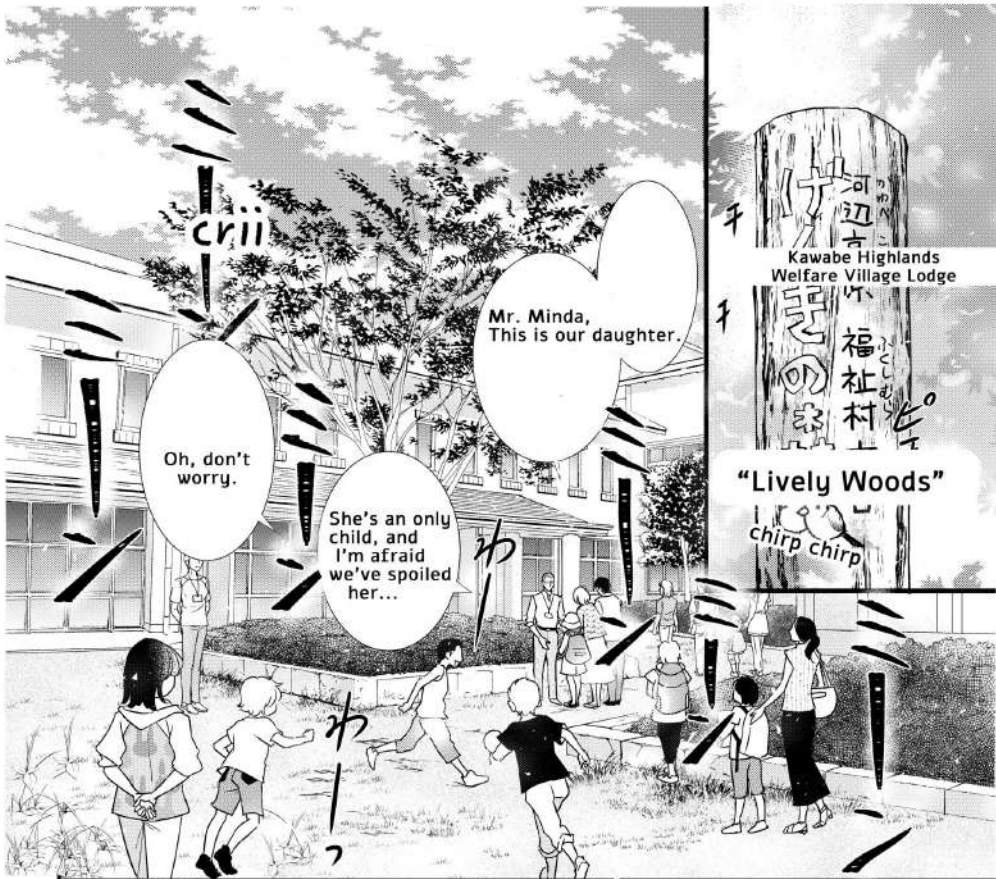


Supervising director: Osaka City University School of Medicine,
Department of Pediatrics, Prof. Tomoyuki Kawamura
Cooperation: Medtronic Japan Co., Ltd.

Keiko Yamada

Diary
of
Lively Woods






surrounded
by strangers.

on this
mountain,

You're
leaving
me here.

You're
going
already?




Only two
months ago
I was diagnosed
with type 1
diabetes,
marking the start of
the worst
summer vacation...

Sob

I'm
Kako
Karasumaru.


I'm in
5th grade.



and at the hospital,
I was told I have type 1 diabetes.

Since spring, I've been tired all the time,
and constantly drinking water.





Wasn't it a disease that affects 1 in 50,000 people per year?!

Why are there so many people gathered here?!

Do all these kids have type 1?

Seriously?!

isn't it strange?

It's better for you two if I'm not here...

I'm sure you're tired of it... me being sick...

Even so,

Hahaha





うっふっふ
Oohlla la!
ん

SMOOCH

Cringe

Ugh!

A gross guy like
that from the start,

I've had it!





Are you here for the camp, too?

You have to push, not pull...

Chiyori?

Yeah,



sob
sob
sob

I was trying to open it from the inside,

Chiyori was scared. I was so scared!

but no matter how hard I pulled it wouldn't open.

sob
sob



My mom said I'll be a big sister soon, so I came to the Lively Woods camp.

Here!

1 year old?

I got type 1 when I was one.

I'm in 1st grade now but I'm still a crybaby.

看護師 ニース! シェー's here!
カクニース



There are children of all ages here.



We've been looking for you!

Chiyori!!

squeeze

You guys!

This year, there are 38 people taking part, from ages 4 to 14.

Let's play, learn, and have lots of fun!

I am Mr. Minda, your camp leader and diabetes specialist.

We had dinner in the large dining room.



So, everyone in the type 1 group "White Wings" welcome to the Lively Woods summer camp.

Hi!

nursing school students,

haahaa

Ah, yeah, I know, you're hungry!

munch munch

nurses

trainees,

dietitians

The people that will be helping you include physicians, like me, pediatricians,

あとはどんどん
食べるっちゃって！

All right then everyone, time for your injections. After that, continue eating!

おいしい
Yummy!

か
や

か
や
か
や



He's not giving the shots?

Excuse me...?

Injections...?

Inject...

Ow!!

I hate this!!

That hurts!

Hey,
Kako
Karasumaru!





It was a dry voice,
like the sky after rain.

You can't give
the injections
yourself?

You learned it first
with the carb count
at the hospital, right?



Oh!
You're
the strange
guy from
this afternoon!

I heard
the story
from Min Min.
You got type 1
two months ago,
didn't you?

A 5th
grader,
same as you



munch
munch

Who...?

I'm Jotaro
Teramae.







fill it with the 5 units you measured earlier.

After you've emptied it,



All right, let's start!

First, wipe your arm clean.



Is it Okay not to get involved?

Let's just watch over them for the moment.

Have faith in the children's independence.



Prick

Inject!



I do it, too, sometimes.

One prick of a needle. It looks painful...



Relax!

Ugh!

You can do it. Now, pull it out.

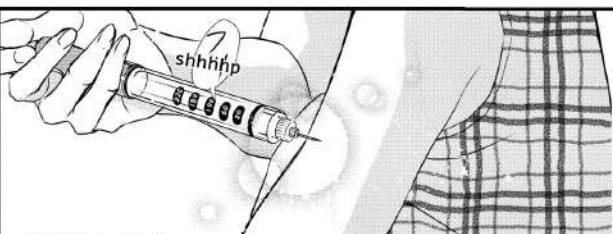


It's all right. The bleeding stopped, too.

but everyone is different. but ...don't worry.

Go for it!

It hurts in some places,





Well done,
Kako!

You're pretty good,
ain't you?

You did it!!

After dinner,

split the children
into age groups.

It's time to talk
about themselves
and their illness.



Thanks...

Congrats,

You really
hung in
there!

Every year,
there is always
someone like that.
I will wait as long
as it takes.



Yuma..

I use injections. I got used to them.

I use a pump.

It injects insulin at the push of a button.

My blood sugar tends to be high in the morning.

You'll learn a lot at this camp.

You should take time and decide.

I also have one.



Really?

It can be a difficult condition to manage.

but if you learn about it, it will get less scary.



はぁっ
はぁっ
はぁっ

huff huff
はぁっ

huff huff
はぁっ

I woke up to someone breathing heavily.

It was Yuma.

はぁっ
はぁっ

That night,



I can't say anything...
I'm useless...



thump-thump
≠ ≠

Should I say something to her?

But, she may want to be left alone.



Low blood sugar...?

You can get treated at the nurse's office.



After a while,

I quietly went outside.



"Lively Woods" is type 1 forest,

huddled together, around a single tree.



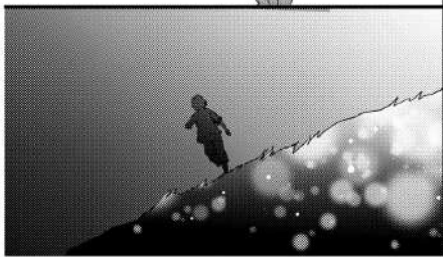
This is the first time

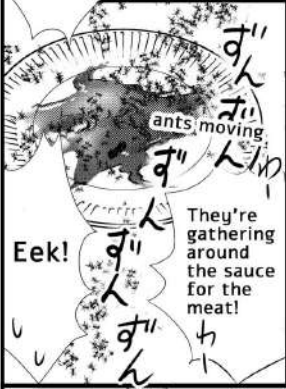
I've ever seen the Milky Way.



Someone...

Whoa!







All right!
Before
we eat,

let's take
care of the
carb count
and insulin!



Was it my imagination...?



In the moment,
Jotaro looked very lonely.



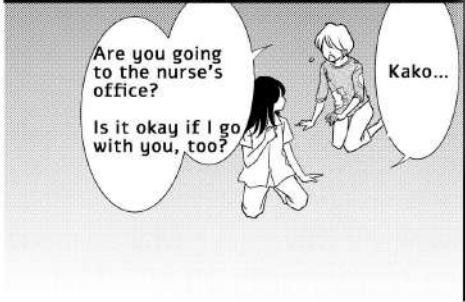
Haa.

Haa.

Haa.



Yuma... ?



Are you going
to the nurse's
office?

Is it okay if I go
with you, too?

Kako...



Since I'm
doing it
every day.

I think I
know how to
do the carb
count now.

Everyone
does it so
naturally.

I got used
to the
injections,
too.

Today, I will
try on my leg.



The glucose... it's kind of annoying.

Even though I really want to eat a strawberry parfait...

Yeah,

If you are hypoglycemic, you have to hurry and eat sugar, don't you?

You have hypoglycemia, right? It's all right now.



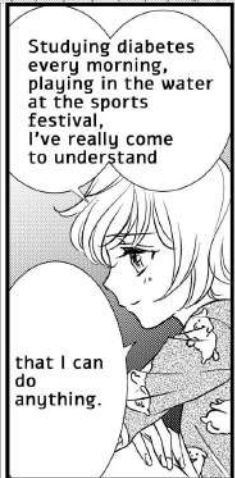
Having low blood sugar at night is lonely,

I'm glad you're with me.



the day after tomorrow...

But,



that I can do anything.

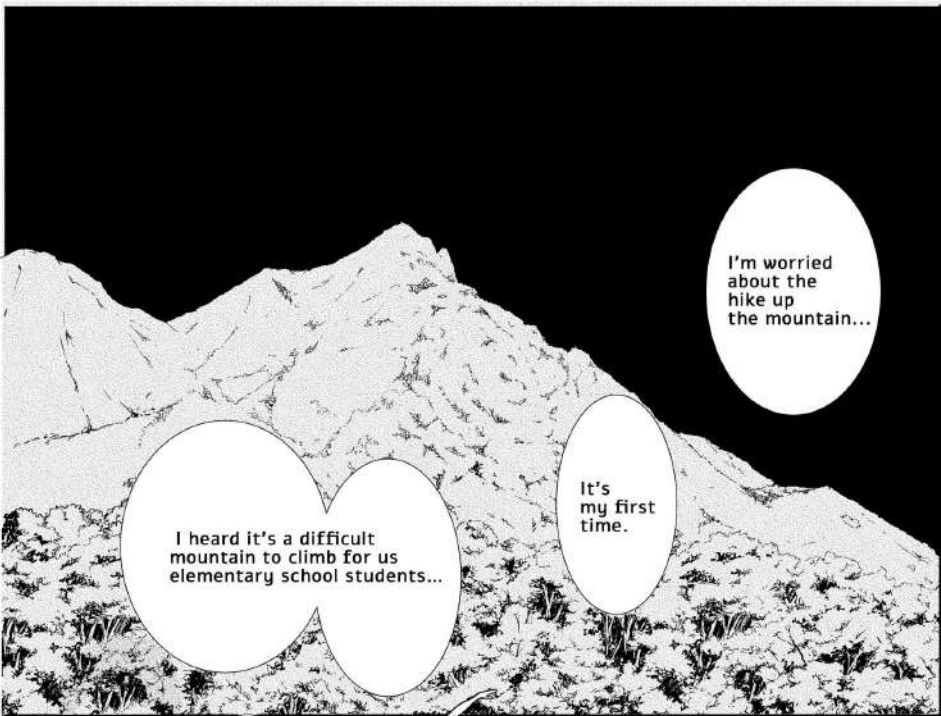
Studying diabetes every morning, playing in the water at the sports festival, I've really come to understand



Yeah, and the make-up was exciting!

The teachers are so crazy!

The disco party today was fun!




I'm worried
about the
hike up
the mountain...

I heard it's a difficult
mountain to climb for us
elementary school students...

It's
my first
time.


and your
blood sugar
drops or rises.



But
the
doctors
taught us

what to do when
you move your
body every day

...
I'm
a little
worried
too.



Don't you think so?

The outcome
of this camp
will be tested here,
on this mountain.



Okay!

The blood sugar levels will drop if you inject it into your arms or legs.

because you move them a lot, so inject it into your abdomen:

On the day of the hike, we all woke up before dawn.

Everyone looks a little nervous.

When you exercise, you may need less insulin than usual.

It's so cold!

I will lower the base rate, too.



Let's go!

If you don't feel well, rest and eat some sugar.

We've been walking all day today, so make sure to check your blood sugar every time we take a break!

Let's take a break.



Dr. Kame, Mari looks pale.

And she's walking slower.



The children are looking out for each other.

Are you OK?

Little by little, some children got low blood sugar.



I've said it many times,

Roger that!

but please keep an eye on the children.



I'm sweating so much...

Kako?

Uh...

My body is shaking.



BIP

I'm fine.

I'm fine...

I measured it earlier and it was normal.

Thump

Thump



Okay!

Tetsu!
Tell Min
and
the others!

Kako,
eat this
jelly,
quickly!

tremble
tremble



No way!

It's never
been this
low!



If that happens
again in the
mountains...

When I fell
down the first
time,
it hurt so much.

What should I do?



My feet
hurt.

I have to
walk again?

startled

All right!
After
eating and
resting for
15 minutes,
it went back
to 94.

I'm scared!!

I can't
walk
anymore

What?!

I think you're
about ready
to go.

waaa



I'm sorry for being sick.

Dad, Mom...
I'm sorry for
causing you trouble.

I'm sorry.


I'm sorry for
making you suffer.

I'm sorry,

I'm sorry...

Enough!!





**You're
the only one
saying you
can't do this!**

**I never
asked you
to
apologize!**

**You can do
anything!!**





Wahh...

は
huff
は
huff

Wahh...

は
huff
は
huff

Get climbing!

Wahh...

Jotaro...



ふふう
ふふう

Don't
cry!

I will
not cry!

はっ
はっ
はっ

I'm fine.



I'm going,
too...

Can you
walk?



I won't
cry!

I won't
cry!

I'm not
gonna
cry!



It's fine,

I won't lose
to anyone!

Hey,
mister trainee!

Don't break down
under that load!

Oh...



Maybe my body has gotten used to it.

It's not as difficult as before!



My feet feel light.

I can move more now.



I'm okay now.

I think,

Jotaro,



The sun looks beautiful, too.

The birds are chirping, how cute.

I can see the view pretty well.

chirp chirp

WHOOSH



Flapping over
Lively woods



Beyond the river,
beyond the mountain,



Wings,
white wings,



It's
the White
Wings song!

The song
from
the patients'
group.

The foxes are watching us

The bus are watching us

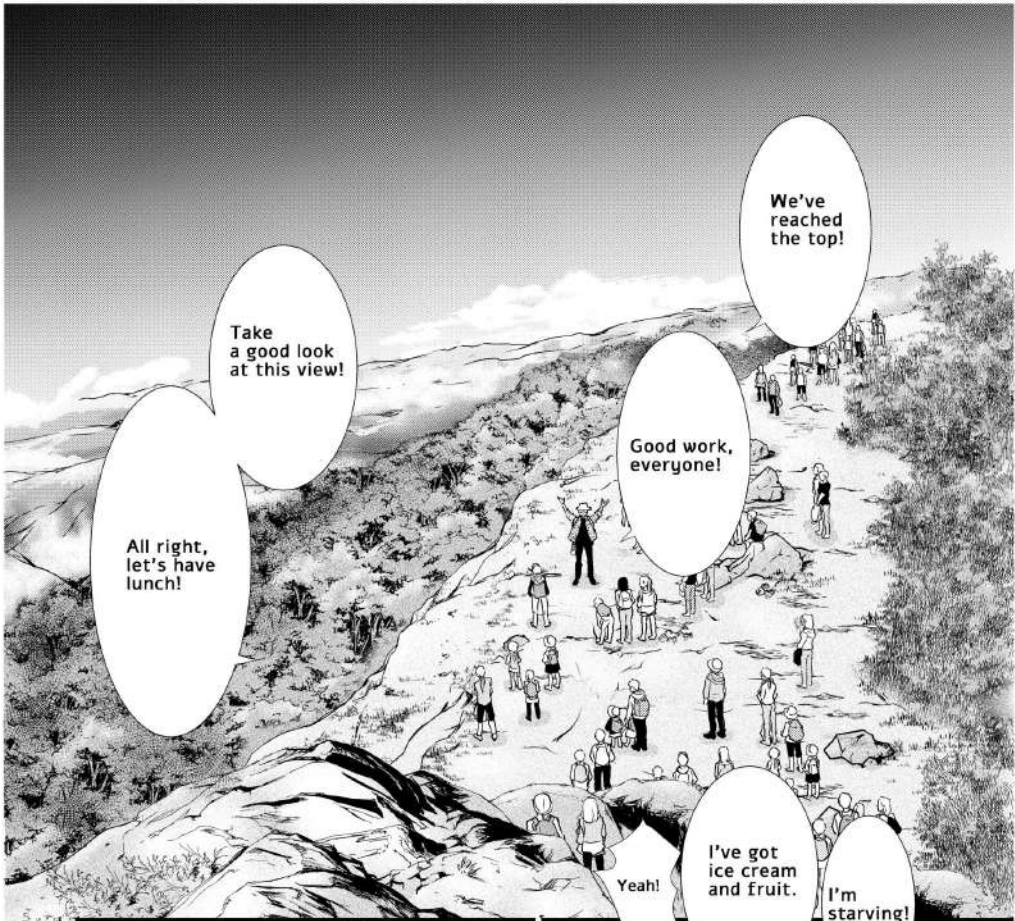
You are not alone

Flapping our wings
with our dear driends



Going beyond
the storm, may wings

Coming from Lively Woods



Take a good look at this view!

We've reached the top!

Good work, everyone!

All right, let's have lunch!

I've got ice cream and fruit.

I'm starving!

Yeah!



that's Lively Woods...

Over there.



Yeah!

I've got ice cream and fruit.

I'm starving!



So small...

...



Tomorrow is time to say goodbye!

You made a lot of good memories, didn't you?

After that, everyone hiked down the mountain and we had our last night at the camp.



When my blood sugar was low during the night, my friend was by my side.



Competing in the pool was lots of fun!



Now that I can do the carb count,



Okay, let's all say what we thought about camp.

I want to go for pancakes with my friends from school!



but I will be a big sister now, so,

I don't want to say goodbye to anyone...



I've come to love children... so I have decided to become a pediatrician.



I won't cry!



Oh

Jotaro!

You are the last!



I will never forget that.



During the hike up the mountain,

many people helped me.



Actually!!

everyone's
idol, will
graduate
from
the type 1
summer camp!!

This year,
Jotaro Teramae,

blink



never
said
anything,

but in February
this year I almost died.



What?

Graduate?





I went hiking with my friends.

so it was just us kids.

I knew the mountain well,



Almost died...

You...



I couldn't move and I was taken to the hospital by ambulance.

Then, on the way, my blood sugar dropped...



My mom was crying

Three days later

next to my bed in the ICU.

I woke up from a severe coma.



so I should be brave and take on challenges.

...told me that I could do anything even...

My father died,

so my mother worked and raised me.



we would go hiking up the mountain.

When I told her, this year,



After I got discharged, I tried to play games and sports as usual, but every time my mom looked scared.



But she was crying, she said she didn't take my illness seriously, she had to be more careful.





he encouraged me

That's why ...

with all he had...




I told Min Min.

That's why
the camp
this year
will be
my last.



I have to stop
worrying her.

I...
I have to
protect
my mom
to make up
for my dad
not being
here...



Live strong,
even when
I'm gone!

Anyway,
when I enter junior
high school
I won't be able
to come anymore
because of club
activities.

Life has many
goodbyes!



Jotaro !!


Jotaro!

Why didn't
you say anything,
you idiot?



clang


What?



I am a being who protects the health of children and helps them develop strong minds and bodies.


I am Tsubasa,

the God of Lively Woods.



Let's start the traditional dance we learned yesterday.

flash



Is this our last memory from camp?

No matter how many times I see it, it makes me laugh.

This is so embarrassing!

Ugh!!





Farewell, Lively Woods!







Do you need something?

Yes...

So tall!

Kako?

worrying about Jotaro and crying...

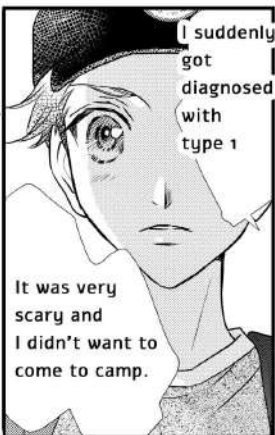
A woman so strong looking,

I...



I got to know everyone,

and learned many things, and now I can give injections by myself...



I suddenly got diagnosed with type 1

It was very scary and I didn't want to come to camp.



I came to the camp for the first time this year.

She cried

I'm Kako Karasumaru.

I...
I...



if you're scared, if type 1 is scary

If...



if you're scared, if type 1 is scary

If...



I'm not even scared anymore ...

anymore of starting the new semester.

You should
come to
camp
with Jotaro.

I think
it would be
good to make
friends
with everyone!!



We'll both be there next year!

Yes!

Jotaro!

Hooray!

Yaay!



!

J
It's Plop

Kako!

Thanks.



I'm so glad, Jotaro!
We'll be together
from now on,
as well.

Yaaaay!


You can do
anything you
want.

So give it a try!

Boss!!

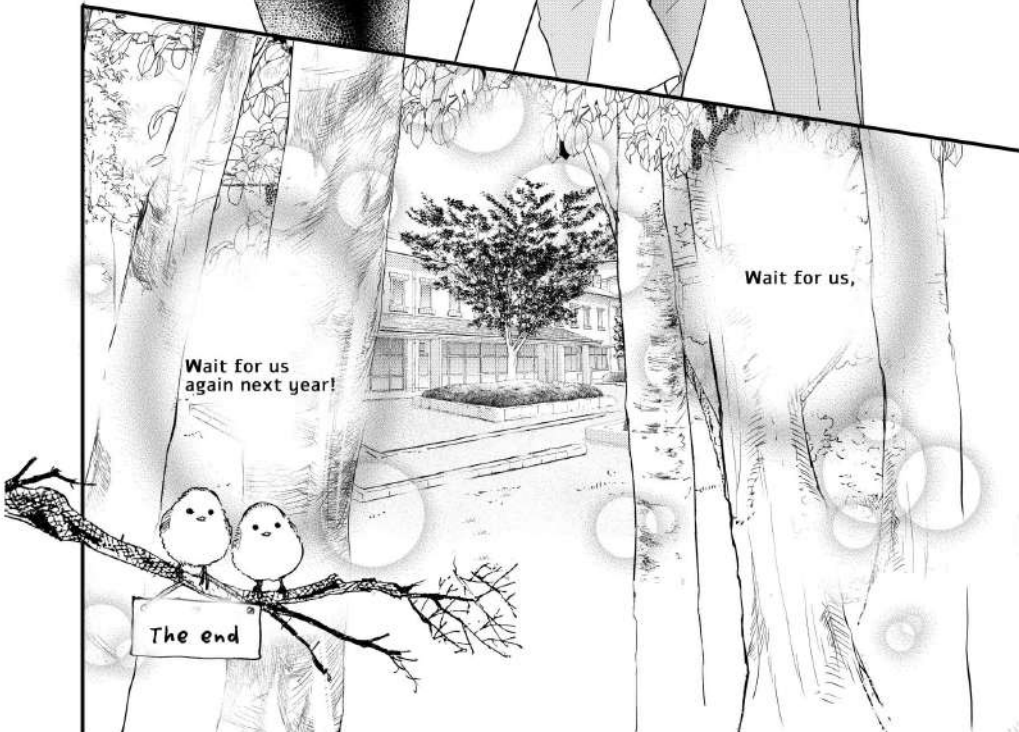
See you
next year!





See you later,
Lively Woods!

Woods of deep and
gentle green.



Wait for us,

Wait for us
again next year!

The end